

# SureSmile® VPro™ Quick Start Guide

## Why SureSmile® VPro™?

SureSmile® VPro™ uses a trusted technology called high-frequency vibration (HFV) that stimulates orthodontic tooth movement on a cellular level.<sup>3\*</sup> When used with your aligners for 5 minutes a day, your SureSmile® VPro™ Device:



- ⊕ **May speed up treatment time by up to 50%**<sup>1</sup>
- ⊕ **Accelerates tooth movement**<sup>1-4</sup>
- ⊕ **May reduce discomfort**<sup>1,5</sup>
- ⊕ **Reduces office visits**<sup>1</sup>
- ⊕ **May improve aligner seating**<sup>1,6†</sup>

## How to Start?



**Rinse** the mouthpiece under water prior to first use  
Make sure the mouthpiece is detached from vibration device before rinsing



**Charge** your device fully before your first session



**Begin** 5-minute session and wear orthodontics during use

The VPro™ Series devices are intended for use by the orthodontic patient during treatment with aligners to facilitate minor anterior tooth movement. Rx only. See Instructions for Use for full Prescribing Information.

\*Based on results from preclinical study.

†Over not using the device.

**References:** **1.** Alansari S, Atique MI, Gomez JP, et al. The effects of brief daily vibration on clear aligner orthodontic treatment. *J World Fed Ortho*. 2018. <https://doi.org/10.1016/j.ejwf.2018.10.002>. **2.** Shipley T. Effects of high frequency acceleration device on aligner treatment-A Pilot Study. *Dent J*. 2018;6(3):32. **3.** Alikhani M, Alansari S, Hamidaddin MA, Sangsuwon C, Alyami B, et al. Vibration paradox in orthodontics: anabolic and catabolic effects. *PLoS ONE*. 2018;13(5):e01965. **4.** Judex S, Pongkitwitoon S. Differential efficacy of 2 vibrating orthodontic devices to alter the cellular response in osteoblasts, fibroblasts, and osteoclasts. *Dose Response*. 2018;16(3):1559325818792112. Published 2018 Aug 16. doi:10.1177/1559325818792112. **5.** Nicozisis J, Brigham G, Sparaga J, Shipley T. Effects of 120Hz high-frequency acceleration device on orthodontic discomfort. *Preprints*. Preprint posted online October 24, 2018. doi:10.20944/preprints201810.0557.v1 **6.** Shipley T. VPro5™—more efficient aligner seating with high-frequency vibration. *Orthodontic Practice US*. 2016. Vol 7, Num 5.

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## Light Notifications

**Blue (3 blinks):** Session starts

**Blue (slow blinking):** Charging in progress

**Green (1 blink):** App has connected

**Green (3 blinks):** Session ends

**Green (slow blinking):** Charging complete

**Green (blinks and vibrates):** Device locate

**Yellow (2 blinks):** Successful app pairing

**Red (slow blinking):** Low battery

**Red, Green, Blue (1 blink each):** Device reset

## Frequently Asked Questions

### ⊕ How much pressure should I apply?

Bite down gently on the mouthpiece during use. There is no need to bite down harder than as needed to support the device.

### ⊕ How do I clean my mouthpiece?

Remove the mouthpiece from the vibration device and rinse the mouthpiece under water, brushing with a toothbrush as necessary. Keep the vibration device dry.

### ⊕ What if my SureSmile® VPro™ won't pair or sync with the app?

First, make sure that you have your Bluetooth® connection turned on. Next, make sure the device is charged and in close proximity to your mobile device. Close and reopen the app. If you are still experiencing difficulty, press and hold the button on the device for 10 seconds to reset the device.



# SureSmile®

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